FROM THE PRINCIPAL

Dear Parents, Caregivers, Staff and Students

Annual General Meeting of the Governing Council
The Annual General Meeting of the Governing Council will be held on Tuesday 27th November 2012 at 7.30pm in The Stables. The Annual General Meeting provides a valuable opportunity to receive reports on the work of the school and elect parents to the Governing Council. Governing Council performs a range of functions including:

- Involving the school community in the governance of the school.
- Setting the broad direction and vision of the school.
- Strategic planning for the school.
- Determining policies for the school including policies for the safety, welfare and discipline of students.
- Determining the application of the total financial resources available to the school including the regular review of the budget.
- Reporting to the school community and the Minister.

Governing Council Meeting
Consideration of Materials and Services Charges for 2013
Parents are invited to attend the first part of the Marryatville High School Governing Council Meeting to be held on Tuesday 6th November 2012 at 6.30pm in Room A50 of the main Administration Block, when Governing Council will consider Materials and Services Charges for 2013. This Newsletter contains an invitation from Mr. Markus Trezise, Chairperson of the Governing Council.

Year 7 Transition Visits
Year 7 students who will be attending Marryatville High School in 2013 are involved in a program of visits to the school. Over 200 students will spend a day here attending classes, touring the facilities and having their questions answered. We look forward to this group of students making a smooth transition into Marryatville High School in 2013. Parents of students who will be attending Marryatville High School as Year 8 students in 2014 are invited to a Parent Information Evening on Tuesday 13th November at 7.00pm in The Forge.

Activities Week
The last day of formal lessons for students in Years 8, 9 and 10 will be Friday 7th December. The following week, which is the last week of term, will be Activities Week. Activities Week is part of our formal curriculum which focuses on positive relationship building. It is therefore an expectation that all students will be involved in the program.

Year 12 students
On behalf of staff, I would like to wish Year 12 students every success with the forthcoming examinations.

Farewell and Presentation Evening
The 2012 Farewell and Presentation Evening was held in the Adelaide Town Hall on Monday 22nd October. This occasion provided an opportunity for us to recognise and celebrate the achievements of our Year 12 students and wish them the very best for their exams and future.

Big Day In
I would like to congratulate members of the Student Representative Council for their excellent work in conducting a very successful Big Day In on the last day of Term 3.

Art Exhibition 2012
The Visual Art and Design students from Years 8 to 12 will be displaying their fabulous artworks in the annual Art Exhibition 2012. The art and design work will showcase a range of themes and subject matter, representing different styles and genres of art.

The Art Exhibition 2012, held in The Forge, will officially open at 7pm on the 16th November however you are welcome to view all the works from 6.30 until 8.00pm.

Old Scholar, Polly Dance, Education Officer at CACSA, will be our Special Guest and ‘open’ the exhibition. The guest speaker will also announce the Senior and Junior Art Prize winners.

It should be a wonderful evening celebrating the creative talents of our Visual Arts students, so please come along and support this event.

Future Problem Solving
The months of research and study for our Future Problem Solving teams have contributed to some very satisfying results this year. All three teams from Marryatville High School performed very well at the National Finals held in Victoria last weekend. For the Middle Division team, it was their first year in the Program. Although unplaced, they are keen to continue next year and use their new skills. The Senior team just missed out on an invitation to the International Finals but received a creditable third place with their written paper and were also third in their creative performance. The adult team’s paper was considered outstanding and the team’s members have been invited to compete in the inaugural adult competition in the United States next year. The members of the School’s teams obviously enjoyed working together on such a demanding Program.

Mark Leahy
PRINCIPAL

See page 2 for Mathematics News!
Marryatville High School students achieved high results in national competitions. See the results on page 3.
MATHEMATICS AT MARRYATVILLE HIGH SCHOOL

It has been another busy year in the Mathematics Department. Four staff have collaborated with the Regional Numeracy coach, Mr Mark Ward, in a project to improve Mathematics learning outcomes.

Mr Peilschmidt, Ms Gupta, Mr Sutton and Mr Byrne have all received input on the latest approaches in teaching core aspects of the new Australian Mathematics curriculum (ACARA). Some of this has involved the use of ICT and group work based activities. As part of this project most of our Year 8 and 9 students have completed an on-line Mathematics test devised by the ACER. The results show our students consistently gain results above the national average. We plan to continue this testing in future years so that we can track our students’ progress over the first three years of high school.

We are fortunate to have several staff who are highly skilled in the use of ICT and as a result our Moodle (web) based resources in Mathematics are extensive. Mr Toy deserves special praise for his key role in this. Students (and parents) can view these resources via the school Moodle site. Mr Toy’s report is tabled later on.

Our students have been active in four separate Mathematics competitions. In April, our students competed in the Mathematics Association of SA State Mathematics competition, a report on this was published in the newsletter in Term 2. More recently the MASA quiz night was held in August and our teams did very well. Mr Stevenson put considerable time into the organisation of this.
## WESTPAC AUSTRALIAN MATHS COMPETITION REPORT

This year we had 103 students participate which was a pleasing increase of more than 20% on 2011. Eighty-two students gained a Merit Certificate, and of these seven (7) were High Distinctions, 31 were Distinctions and 44 were Credits. We congratulate all of these students. The merit winners are listed, in order, below:

<table>
<thead>
<tr>
<th>Year 8</th>
<th>Year 8 continued</th>
<th>Year 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hamish Lindsay</td>
<td>Victoria Davidson</td>
<td>Abhishekh Srinivas</td>
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<tr>
<td>Grace Lee</td>
<td>Ryleigh Lonergan</td>
<td>Nicholas Johnson</td>
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<tr>
<td>Linh Nguyen</td>
<td>Michael Fritridge</td>
<td>Haoyang Wu</td>
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<td>James Cardone</td>
<td>Angus Graham</td>
<td>Ben Moore</td>
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<td>Franklin Holfeld</td>
<td>Indira Davey</td>
<td>Cameron Mayfield</td>
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<td>Nathaniel Nilsen</td>
<td>Cub Grobins</td>
<td>Hannah Kim</td>
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<td>Samuel Rasch</td>
<td>Jessica Turner</td>
<td>Karla Gavranic</td>
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<td>Elizabeth Kong</td>
<td>Jackie Hartvigsen</td>
<td>Chaeyeong Lim</td>
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<td>Yule Kong-Lim</td>
<td>Sebastian Langshaw-Jones</td>
<td>Jefferson Kim</td>
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<td>Imogen Tonkin</td>
<td>Kate McNab</td>
<td>Daniel Canala</td>
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<td>Celina Groom</td>
<td>Michelle Raylance</td>
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<td>Dylan Baden</td>
<td>Adam Forward</td>
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<td>Shantay Budz</td>
<td>Edison Mcbain</td>
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<td>Lily Horner</td>
<td>Sunyu Cha</td>
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<td>Callum Pritchard</td>
<td>Amelia Sander</td>
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<td>Sarah Easson</td>
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<td>Celina Groom</td>
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<td>Sarah Easson</td>
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<td>Monika Gavranic</td>
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<td>Jenaya Shelton</td>
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<td>Zoe Le MolletteRobinson</td>
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<td>James Nicholls</td>
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<td>Michael Yoo</td>
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<td>Eloise Disisto</td>
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<td>Suzannah Mau</td>
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<td>Kezia Riggs</td>
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<td>Matthew Thompson</td>
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<td>Dasun Baduge</td>
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*Westpac High Distinction and Distinction winners*
ICAS MATHEMATICS
COMPETITION REPORT

We had 18 students who participated in this competition run by the University of NSW. These students deserve a special plaudit as this was held on the morning of our Course Counselling day, but they still made a special trip into school in order to sit this 75 minute competition.

While the number of students was small, the quality was high. All three Year 11 students, for example, won places in the top 1% of results for SA.

We commend the Merit Award winners listed below:

**Year 8**
- Edward Callen 22 Distinction 90
- Yu Le Kong-Lim 36 High Distinction 99
- Michael Yoo 27 Distinction 98

**Year 9**
- Sophie Hatwell 23 Credit 86
- Angela Jheun 31 High Distinction 99
- Irene Lu 20 Credit 75
- Lewis Omond 36 High Distinction 99
- Tania Wong 21 Credit 78

**Year 10**
- Hunkeun Cho 22 Credit 81
- Ben Moore 24 Credit 60
- Abhishekh Srinivas 32 Distinction 98
- Haoyang (David) Wu 35 High Distinction 99

**Year 11**
- Laren Wai Ting Ip 28 High Distinction 99
- David Wong 31 High Distinction 99
- Jiazhen Yao 33 High Distinction 99

**Year 12**
- Matthias Fresacher 27 Credit 88
- Oliver Grenfell 28 Distinction 90

Andy Yao gained the medal for the highest result achieved by a Year 11 student in SA/NT. It is interesting to note that several of the students listed above have been successfully accelerated in their Mathematics classes at Marryatville. Lewis Omond (Year 9) has studied Year 10 and 11 Mathematics this year. David Wu (Year 10) has been studying Year 12 Mathematical Studies. David Wong and Yiazhen (Andy) Yao (both Year 11) have been studying Year 12 Mathematical Studies. The Year 10 SHIP extension class has studied a semester of Year 11 Mathematics during the second half of 2012. This class is due to participate in the Adelaide University Engineering Faculty Open Day in the near future.

Lastly, I wish to farewell Mr Ron Zanker, who retired at the end of Term 1, bringing the curtain down on a career spanning over 39 years with various DECD schools. During the last 10 years he has given great service to the community at Marryatville High School as a dedicated time-tabler. Ron was a very enthusiastic Mathematics teacher who always set a standard of excellence for his students.

David Goodwin
Coordinator, Mathematics
ICT IN MATHEMATICS

The level of ICT involvement in Mathematics is constantly on the increase. Both Excel spreadsheet applications and graphics calculator tasks have been used for a number of years. More recently, both graphing and statistical software are being integrated into the curriculum and the investigations that students can currently undertake and the way in which they can present results are far superior to what was previously possible.

As an example, the Statistics Investigation that many of the Year 8 students have considered this year involved testing their reaction times and reporting back as to the results they obtained. While the idea is not new, the manner in which ICT can be involved has certainly increased.

The process began with each student accessing the school’s MOODLE site and selecting an application that enabled the electronic timing of their reactions by “catching sheep” as they ran across the screen. (Ask your child to log on to MOODLE from home by using the address dlb.sa.edu.au/mhsmoodle/, or alternatively log on as a guest, and try your own skill at catching sheep by following the “Mathematics/Maths Area/Year 8 Maths/Statistics pathway”.)

The student’s results were then placed into Excel and the students were able to quickly create a line graph to demonstrate their reaction times. Excel also readily allows for the calculation of the statistical measurements of mean and median.

If time permitted, the students were also shown how to use the statistical software “FxStat2” to graph and perform similar calculations and to use graphics calculators to also ease the calculation burden.

Students then prepared a written report to demonstrate their understanding of the investigation.

It’s easy. See if you can do what your children did.

1. From signing on to MOODLE (dlb.sa.edu.au/mhsmoodle/)

2. To selecting the path required:

3. To using the application

4. To producing using EXCEL

Greg Toy
Coordinator, 21st Century Pedagogy and Learning Technology
YEAR 12 PRESENTATION EVENING

On Monday of Week 3 Marryatville High School celebrated the Year 12’s life at Marryatville High School at the Farewell and Presentation Evening at the Adelaide Town Hall.

Pops Vocal Ensemble, conducted by Jason Hammond, sang a Capella arrangement of Tequila Samba. This year the Ensemble had seven Year 12’s, and achieved a high level of musical excellence. We will be sad to see them go.

MUSIC CAPTAINS 2013

Congratulations to Madeleine Stewart and Louis Cann who are the new Music Captains for 2013.

On Wednesday October 17th the Music Faculty farewelled the Year 12 music students with a festive evening of food and awards. The evening saw the completion of duties from our 2012 Captains Emily Hatwell and Andy Baird, who were thanked for their great work.

The idea for Music Captains came from former Music Coordinator Sam Hordern who also donated a Merit Board which hangs in The Stables’ foyer. The duties of the Music Captains include representing the Music Faculty and Special Interest Music Centre (SIMC) concerts and special events, being student voice for music students, helping with concert management and announcements, and help improve music facilities with ideas and actions.

The Year 12 Music Farewell was attended by Year 12 and Year 11 students, parents and staff. A feast was provided by students and was enjoyed along with music performed by students. Ms Lim also contributed to the night with a surprise rendition of My Funny Valentine. After the meal, everyone gathered into the Performance Area to see the distribution of senior student Certificates of Merit. The Year 12s presented a comic song espousing the merits of each of the music teachers. The teachers, however surprised the Year 12s with their own farewell song, moving some students to fits of laughter.

MUSIC PHOTOS

We have received proofs of our group music photos for 2012.

They have been displayed in the Foyer of the Music Centre and order forms are available from the Music Office.

JAZZ IN THE COURTYARD

On Sunday October 21st Marryatville High School bands performed for the second time this year at Radio 5MBS’s Jazz in the Courtyard fundraising event.

This time the participants were Big Band 2 under the direction of Dave Winnall, Combo Full Stop, and David Goodwin’s combo Royal Flush. The performance was transmitted live to air and was listened to by a large audience in Adelaide as well as overseas through the radio station’s web podcast.

The warm sunny day added to the enjoyment of the event.

KODALY CONFERENCE

In the second week of the school holidays some of the music staff attended the National Kodaly Conference in Adelaide.

Held on the grounds of Prince Alfred College, the conference enables teachers to develop new skills, discover new ideas in Music Education, discuss aspects of pedagogy, form new links with educators around Australia and the world, and of course have a great big sing! One highlight of the conference was listening to and learning from Australian Musician and Educator Richard Gill. The conference was both uplifting and energising.

OAK TREE FOUNDATION

During the holidays our students and teachers also gave up their time to help support a fundraising event for The Oaktree Foundation.

Big Band I, directed by Rob Chenoweth headlined the night with other combos filling in the program.
GLORIA!
On the first Saturday of the holidays the Baroque Ensemble with Director Katrina Brown was still hard at work.

They participated in a concert at Elder Hall with the Adelaide Philharmonia Chorus. In the second half of the concert the ensemble wowed the audience with the first movement of Haydn’s Cello Concerto with Soloist Mason Stanton. The Ensemble was then joined by Baroque Trumpeter Geoff Bradley to accompany the choir in Vivaldi’s famous Gloria in D major. The work also included Soprano soloists Emma Borgas and Bethany Ide and was conducted by Aldis Sils.

TOWN HALL CONCERT DVDS
DVDs of the Town Hall Concert may still be ordered with a form available from the Music Office.

INSTRUMENT STOCK TAKE AND MUSIC RESOURCES
Students who are hiring an instrument from the school will be required to present it at the Music Centre during our annual instrument check and stock take in Week 8.

Once checked, instruments will be able to be reissued to students for another year. All instruments must be at school on Monday November 26th. Instruments will be reissued by the end of Week 9.

Students are also reminded to look around their houses and bedrooms, especially under the bed for any MHS Music resources they might still have that need to be returned.

Any donations of Performance Uniform to the Music Centre from Year 12 students would be greatly appreciated.

ADELAIDE WIND ORCHESTRA
The AWO is a new Adelaide Ensemble directed by Marryatville High School parent Peter Handsworth.

It is great to see that such a high calibre group contains so many MHS SIMC graduates. They include Oboe: Joshua Oates, Saxophone: Sarah Byron, Bass Clarinet: Samantha Webber, Bassoon: Tim Rosen, Trombone: Lucas Spiler, Trumpet: Ben Nielsen, and David Larg.

Aldis Sils
Head of Music

FRIENDS OF MUSIC
Friends of Music is a group of parents who have been very active over the years offering to support a wide range of Music Centre events, particularly in the area of Concert Management and Fundraising.

It is for this reason that I request continued support of the Friends of Music in 2013. I would like to hear from any parents who are interested in being part of this group.

Meetings will be at least once a term. If you would like to support the Music Faculty in any way please contact the Music Secretary on 8304 8431.

Thankyou for your support.

Aldis Sils - Head of Music
**Upcoming Events**

| Week 3          | October 26th (Fri)  
|-----------------|----------------------
|                 | Junior Concert      |
|                 | Elder Hall          |
|                 | Year 8 and 9 Class choirs, Junior Band, Studio Strings, Junior Orchestra, Junior Guitar Ensemble, |
|                 | (6:30) 7:00 – 8:30  |

| Week 5          | November 8th (Thurs)  
|-----------------|-----------------------
|                 | Junior Recorder Ensemble |
|                 | Marryatville Primary |

| Week 8          | November 26th (Mon)  
|-----------------|---------------------
|                 | Instrument Stocktake |
|                 | All hire instruments to be checked and cleared. |

**YEARBOOK 2012**

Work is well underway preparing the Marryatville High School Yearbook 2012. Our Yearbook is a publication to be proud of. It is a celebration of our achievements and an excellent memento of the year, full of photographs, articles and student work.

It’s time to invite families to book pre-paid copies. Order Forms will be brought home by students in the last day of Term 3 (Week 10), in the Report Folder.

**The cost of this year’s book is $30.**

As there will only be one printing run, all copies must be pre-paid before production.

Payment can be made:
- Over the telephone via the Finance Office (8304 8461)
- Through the Finance Office by cash, cheque or credit card
- By internet payment via BIZGATE on our school website (this is a secure method of credit card payment available for all school accounts. Easy to follow instructions for payment by BIZGATE are available on the Marryatville High School website)

**The deadline for payment is the end of Week 6, Term 4 (Friday 16th November).**

Once the deadline for payment has passed no further orders can be accepted, so to avoid disappointment, pre-pay as soon as possible, as there will not be any extra copies printed for later purchase.

It is anticipated at this stage that pre-paid copies will be available for collection by the end of the school year.

Ms. Glenys Haensel
AUSTRALIAN NATIONAL CHEMISTRY QUIZ - 2012

The Australian National Chemistry Quiz is an International event involving more than 120,000 students and 1,400 schools from 18 countries.

Forty-three of our students from Years 8 to 12 entered the Quiz with twenty-six receiving awards.

Congratulations to the following students:

**HIGH DISTINCTION**
- Matthias Fresacher S03
- Sam Hopkinson S03
- Laren Ip E07
- Matthew Roylance E09
- Stephen Samarzia E04
- David Wong E05

**DISTINCTION**
- Richelle Butcher S02
- Oliver Grenfell S05
- Aileen Van S03
- Alexander Bennett E10
- Kaushik Bilimoria E06
- Ruchira Fonseka E01
- Joe Ho E07
- Joshua Kong E09
- Sarah Lim E10
- Wise Lum E05
- Patrick Gregory T04
- Yu Le Kong-Lim 8-2

**CREDIT**
- Laura Male S08
- Louis Ritchie S08
- Bronwen Jolliffe E01
- Madeleine Stewart E01
- Nada Vujic E06
- David Wu T04
- Samuel Chu 9-2
- Dylan Baden 8-5

Students who received a High Distinction were in the top 10% of their age group. Special congratulations however goes to Laren Ip and Matthias Fresacher who achieved in the top 2% of students, and also to Stephen Samarzia and David Wong who achieved in the top 3%.

Clive Nikkerud
Science Teacher

UNIFORM INFORMATION

Marryatville High School is a full uniform school. All students are required to maintain a high standard of neatness and comply to the school uniform policies. All items must be official Marryatville High School wear as sold and displayed at the Brandmode Retail Uniform Shop.

Purchases can be made from the Brandmode Retail Uniform Store at:
83 Glen Osmond Road,
EASTWOOD SA 5063

General Trading Hours:
Monday to Friday 9am to 5pm
Saturdays 9am to 12.30pm

Should you require any further details please don’t hesitate to contact Brandmode on 8357 0022 or the school on 8304 8420

Hazel Bashford
Business Manager
POSITIVE PSYCHOLOGY

Recently a number of members of staff attended a seminar delivered by Dr Martin Seligman on the topic of Positive Psychology.

Dr Seligman has been commissioned by Premier Jay Weatherill to act as a Thinker in Residence and work towards promoting greater wellbeing throughout South Australia. Author of the book "Flourish", Dr Seligman is currently working with St Peters Girls School and Mount Barker High School with the aim to improve the resilience and overall wellbeing of the students.

After having conducted numerous large scale tests in the United States, including a study ordered by the pentagon on 1.1 million army soldiers, Dr Seligman believes he has the recipe to help people achieve permanent wellbeing. Rather than adopting the ‘fix the problem with a therapy-based bandaid’ approach, Seligman believes that the elements of long lasting wellbeing are measurable, teachable and buildable in all of us at any time. So what are these elements? Giving them the acronym “PERMA”, Dr Seligman lists the 5 elements of lasting wellbeing as:

› Positive Emotion
› Engagement
› Relationships
› Meaning
› Accomplishment

Positive Emotion: To promote positive emotions, Dr Seligman has examined the ratio of positive to negative words in conversations in the business world and within the context of marriage. His findings showed that for a business to succeed positive words should outnumber negative words three to one, whilst for a marriage to last, positive words should outnumber negative words five to one. Seligman poses the question to teachers and parents alike: “What do our teenagers hear?”

Engagement: To effectively engage in all aspects of life, Dr Seligman states that people need to employ qualities such as bravery, humour, kindness and hope when faced with situations that they do not enjoy. In addition to this, he suggests that people should identify some of their key strengths and apply these to their least favourite tasks as best they can to promote engagement.

Relationships: When interacting with others, Seligman has put forth a formula for ensuring positive relationships through attention to everyday conversations. He favours an ‘Active Constructive’ approach that involves combining recognition for achievements, acknowledgement of the personal qualities that resulted in such achievements and expressing curiosity for potential future expectations or actions. This is in opposition to a “Passive Destructive” approach which would involve the listener purely receiving the information given and possibly finding a negative aspect or consequence within it.

Meaning: Dr Seligman strongly emphasises the importance of having a purpose in life and ‘belonging to something bigger’. Many studies have shown that engaging in something philanthropic such as involving oneself in the community or helping others around us will bring long term happiness whereas engaging in something for self gratification such as going out for dinner will bring short term happiness.

Accomplishment: This element focuses on developing the ability to persevere with difficult tasks. Dr Seligman states that self discipline is a two times greater predictor of success than IQ, so the idea of ‘not giving up’ should be heavily reinforced wherever possible.

As members of the Wellbeing Team, we have examined these elements and discussed the ways in which they can be promoted within the school environment to help the students achieve optimal levels of wellbeing. All staff have been encouraged to examine their use of language when interacting with students and supplied with examples of the ‘Active Constructive’ approach, along with reflective exercises on their use of positive and negative words.

To give students a stronger sense of meaning, the Wellbeing Team are in the process of revising the Student Life Programme to provide more opportunities for students to connect with and contribute to their local and wider communities. In addition to this, we plan to offer the students a series of sessions that offer a range of different strategies that they can use in times of stress or conflict to foster qualities of resilience and perseverance. Interested in more information? Visit Dr Seligman’s website where you can read about his research studies, assess your own levels of wellbeing, and learn about strategies to improve mental health on www.authentichappiness.org

Fiona Bushnell
SOSE Teacher

From the Wellbeing Team
EDEN PARK GARDENING GROUP – VOLUNTEERS NEEDED

The last two working bees of the year are very important, in order to weed and prune all garden areas on the property to keep the garden looking nice and to prepare for summer. To do this we need preferably 20 volunteers each working bee.

Please consider volunteering on either Saturday 3rd November 9.00am or Saturday 1st December 9.00am (or both). Families are very welcome and you don’t have to stay the full three hours. We also provide a sumptuous morning tea and above all friendly fellow parents working for the school.

For further information please contact edenparkgrp@yahoo.com

The coordinators are Peter, Sharon, Ros and Markus.

ART EXHIBITION 2012

The Visual Art and Design students from Years 8 to 12 will be displaying their fabulous artworks in the annual Art Exhibition 2012. The art and design work will showcase a range of themes and subject matter, representing different styles and genres of art.

The Art Exhibition 2012, held in The Forge, will officially open at 7pm on the 16th November however you are welcome to view all the works from 6.30 until 8.00pm. Old scholar, Polly Dance, Education Officer at CACSA, will be our Special Guest and ‘open’ the exhibition. The guest speaker will also announce the Senior and Junior Art Prize winners. It should be a wonderful evening celebrating the creative talents of our Visual Arts students, so please come along and support this event. I hope to see you there.

Glenys Haensel
Visual Arts Co-ordinator

An invitation to attend the opening of the
MARRYATVILLE HIGH SCHOOL
ART EXHIBITION

Friday 16th November
6.30 - 8.00pm

@ The Forge
170 Kensington Road, Marryatville

Official opening and awards presented
@ 7.00pm by Polly Dance
Education officer, CACSA

OPEN DAILY
9.00am - 3.00pm
November 19th - 22nd
### Co-Curricular Results 13/10

<table>
<thead>
<tr>
<th>Teams</th>
<th>Scores</th>
<th>Best &amp; lead scoring players</th>
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<tbody>
<tr>
<td><strong>Girls Touch Football</strong></td>
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<tr>
<td>Senior A lost to Pembroke</td>
<td>2-3</td>
<td>Alana Giannini (1), Claudia Camilos (1)</td>
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<tr>
<td>Senior B lost to St Dominics</td>
<td>1-7</td>
<td>Eva Wnoroski (1)</td>
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<tr>
<td>Year 9 A lost to Unley</td>
<td>1-4</td>
<td>Georgia Watson (1)</td>
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<tr>
<td>Year 9 B lost to St Ignatius</td>
<td>1-7</td>
<td>Venetia Duckett (1)</td>
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<tr>
<td>Year 8 A defeated St Ignatius</td>
<td>7-3</td>
<td>Indira Davey (2), Tameka Morelli (2), Brittany Henry (1), Lily Horner (1)</td>
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<tr>
<td><strong>Tennis</strong></td>
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<tr>
<td>Boys Senior A Blue defeated MHS White</td>
<td>5-45 4-36</td>
<td>All played well</td>
</tr>
<tr>
<td>Girls Senior A drew with St Ignatius</td>
<td>3-20 3-20</td>
<td>All played well</td>
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<tr>
<td><strong>Volleyball</strong></td>
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</tr>
<tr>
<td>Girls Senior A lost to St Ignatius</td>
<td>1-58 3-73</td>
<td>All played well</td>
</tr>
<tr>
<td>Girls Year 8/9 A defeated Mercedes</td>
<td>2-61 1-47</td>
<td>All played well</td>
</tr>
<tr>
<td>Girls Year 8/9 C lost to Norwood</td>
<td>1-100 4-110</td>
<td>All played well</td>
</tr>
</tbody>
</table>

---

### BEING SAFE AND WELL ONLINE IS IMPORTANT

As part of an Australian Government Initiative, researchers from the University of South Australia, University of Western Sydney, Queensland University of Technology and The Young and Well Cooperative Research Centre are working together to improve online safety and promote respectful online behaviour for young people. Please see [www.yawcrc.org.au](http://www.yawcrc.org.au) for more information.

Over the next few weeks we will seek your help. The national study will involve young people aged 12-17 and we will be inviting randomly selected students to obtain parental consent and then complete two online surveys: before and after viewing online marketing campaigns that deliver specific messages about being Safe and Well Online.


We would appreciate if you could please keep a look out for information coming home about the study, and further give some consideration to your participation. This project has been approved by the relevant Human Research Ethics committees.

Dr Barbara Spears PhD., M.Ed.St., B.Ed., Dip T. 
on behalf of the Research Team
P: 8302 4500
2013 MATERIALS AND SERVICE CHARGE

We have included in this newsletter a copy of the letter inviting parents to a Governing Council meeting in relation to setting of the 2013 Materials and Services Charge. This letter was previously distributed to parents via student homegroups and emailed to known parent email addresses on the 17th October 2012.

Hazel Bashford
Business Manager

17th October 2012

Dear Parents and Caregivers

I invite you to attend the first part of the Marryatville High School Governing Council Meeting to be held at

6.30pm on Tuesday 6th November 2012 in Room A50.

Parents are requested to meet in the front office just prior to the meeting.

At this Governing Council meeting the Materials and Services (M&S) Charges for 2013 will be considered. The proposed Materials and Services Charges have been endorsed by the Department for Education & Child Development, and require formal approval from the Governing Council.

A copy of the proposed Materials and Services Charges Notice (with the Department for Education & Child Development watermark approval) is attached.

Parents and Caregivers wishing to attend this part of the Council Meeting to share their view regarding Material and Services Charges are asked to contact the Principal’s Secretary on 6304 8425. Alternatively, Parents / Caregivers / Students may wish to submit a written response, at least three days prior to the meeting, for consideration at the meeting.

Yours sincerely

Markus Trozise
Chairperson
Marryatville High School Governing Council
### Notice of Materials and Services Charges for 2013

#### Notice of Charges for 8 - 12

<table>
<thead>
<tr>
<th>HEADING</th>
<th>ITEMS AND SERVICES</th>
<th>COST ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Printed and electronic materials related to the educational program</td>
<td>Workbooks</td>
<td>$0.00</td>
</tr>
<tr>
<td>and which are provided for the student</td>
<td>Text Book Hire</td>
<td>$58.00</td>
</tr>
<tr>
<td></td>
<td>Photocopied Material</td>
<td>$40.00</td>
</tr>
<tr>
<td></td>
<td><strong>SUBTOTAL (ZPREM)</strong></td>
<td><strong>$98.00</strong></td>
</tr>
<tr>
<td>Stationery items that are provided for the student</td>
<td>Stationery Items</td>
<td>$0.00</td>
</tr>
<tr>
<td></td>
<td>Diary</td>
<td>$12.00</td>
</tr>
<tr>
<td></td>
<td>ID Card</td>
<td>$5.00</td>
</tr>
<tr>
<td></td>
<td><strong>SUBTOTAL (ZSTAT)</strong></td>
<td><strong>$17.00</strong></td>
</tr>
<tr>
<td>Materials and Services that are provided by the school for the</td>
<td>Access to Student Information</td>
<td>$180.00</td>
</tr>
<tr>
<td>student to consume or use the materials or take ownership of a</td>
<td>Technology</td>
<td></td>
</tr>
<tr>
<td>finished article produced by the student with the materials</td>
<td>Access to Machinery</td>
<td>$0.00</td>
</tr>
<tr>
<td></td>
<td>Access to Equipment</td>
<td>$80.00</td>
</tr>
<tr>
<td></td>
<td>Curriculum/Subject Supplies and Services</td>
<td>$300.00</td>
</tr>
<tr>
<td></td>
<td>Other [please Specify]</td>
<td>$0.00</td>
</tr>
<tr>
<td></td>
<td><strong>SUBTOTAL (ZACMS)</strong></td>
<td><strong>$560.00</strong></td>
</tr>
<tr>
<td>Materials for inclusion in the school library and to enable use by</td>
<td>Library resources including access</td>
<td>$45.00</td>
</tr>
<tr>
<td>the student</td>
<td>to borrowing library resources</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>SUBTOTAL (ZACLI)</strong></td>
<td><strong>$45.00</strong></td>
</tr>
<tr>
<td><strong>Total Materials and Services Charge (excluding Subject Charges)</strong></td>
<td></td>
<td><strong>$720.00</strong></td>
</tr>
</tbody>
</table>

These subject charges are in addition to the Materials and Services Charge above for those students undertaking the following subjects.

<table>
<thead>
<tr>
<th>Subject Description</th>
<th>Cost ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yr 8 - 12 Special Interest Music 2 Subject Levy Per Year</td>
<td>$60.00</td>
</tr>
<tr>
<td>Yr 8 - 12 Special Interest Tennis Subject Levy Per Year</td>
<td>$600.00</td>
</tr>
<tr>
<td>Yr 8 - 12 Special Interest Tennis Subject Levy Per Year</td>
<td>$0.00</td>
</tr>
<tr>
<td></td>
<td>$0.00</td>
</tr>
<tr>
<td></td>
<td>$0.00</td>
</tr>
</tbody>
</table>
Helping your teenager win the ‘Exam Game’

Examinations can mean testing times for parents and students. It doesn’t have to be so hard. Here’s an approach that will help ease pressure on students and maximise chances of success as well.

Work with them, and give them the power and responsibility to craft the parameters that’ll enhance their own performance.

The single most effective technique for mastering exams is to help your teenager do a lot of them. The more exams student have practice with, the more feedback they get for their revision, and the more they can focus on what they need to learn.

Purchase copies of practice exams and then help them establish an exam-like environment to do them in. Their ability to recall information is significantly enhanced when they learn in an environment that closely resembles the environment they learned it in. If they learn and revise in exam-like conditions they’ll be more likely to recall information in exams. When students take practice exams in exam conditions, they sharpen their ability to apply what they know, rather than simply study things. It also helps them to refine and focus their revision programme early.

Applying it

There are many factors in the 24 hours before every exam that influence exam performance. Here’s an important factor: state management. You want your teenager to be 100% primed before any exam, which means you’ll want to be very focussed on positive reinforcement. You want them to feel confident and capable – not dreading what may happen if they ‘fail’. Help them to demystify the exam experience. Emphasise the opportunity inherent within exams, but remind them that exams are, ultimately, just a small part of a bigger game. In the universities I have lectured at, I would urge my students to encourage other students prior to sitting their exams, to embody the role of ‘positive uplifter’ before their exams. Not everyone would, of course, but those who did would not only make others feel better (by offering words of encouragement or by sharing a joke to elevate the mood) – they’d also feel better and more confident themselves. This sure beats students comparing how stressed they are!

Ultimately, the best way for teenagers to enter exams in the most positive state is to have their learning validated through a solid revision strategy and a diet of practice exams, low GI foods, plenty of sleep and a healthy sense of humour.

And don’t forget to remind them how proud you are to see them get this far.

Article contributed by Dr. Jason Fox

There are few things more frustrating for parents (and teachers) than seeing a bright, hardworking student crumble during assessments and exams. While in some cases this may happen because of a lack of effort, most students genuinely want to do well.

An exam is a very artificial situation that needs to be approached in a specific way to maximise success. One way of framing exams to help moderate the very serious pressure many students feel about exams is to see them as a game – just a game, and a great opportunity to show off their learning.

There are three phases in the exam game – learning, revising and applying. If you want to help someone lift their game, or get their head into the game, it helps to know what the game is. Here are a few thoughts for each phase:

Learning it

In the learning phase, students are still encountering new information, and they’ve still got processing to do. Here, the focus is on understanding. You can help your teenager by letting them teach you what they have learnt each day. By giving them the opportunity to do this, they play the empowering role of being ‘teacher’ for a change. They also get practiced at communicating and applying their knowledge in new ways.

The trap here is that you may want to correct them on things, or to show off your own expertise. Instead, focus on celebrating what they do know. Be curious, not controlling.

Revising it

Here’s where it’s important to ask your teenager how you can best help them revise. Do they need a quiet space at certain times each day? If they’re lucky enough to have dinner cooked for them, could it help to have dinner served earlier? Can you help them host productive group study sessions?

The single most effective technique for mastering exams is to help your teenager do a lot of them. The more exams student have practice with, the more feedback they get for their revision, and the more they can focus on what they need to learn.

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**DIARY DATES**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 26 October</td>
<td>Junior Concert – Elder Hall</td>
</tr>
<tr>
<td>Friday 26 October</td>
<td>World Teachers Day</td>
</tr>
<tr>
<td>Tuesday 6 November</td>
<td>Governing Council Meeting – 2013 M&amp;S Charge</td>
</tr>
<tr>
<td>Thursday 8 November</td>
<td>New Music Concert – The Stables 7.00pm</td>
</tr>
<tr>
<td>Friday 16 November</td>
<td>Opening of Art Exhibition</td>
</tr>
</tbody>
</table>

**ABSENTEES, LATE ARRIVALS, EARLY LEAVERS**

For all absences please call Student Services on 8304 8426.

For late arrivals from 8:30am, students need to sign in at either Student Services or the Library. Year 12 students can sign in at the Eden Park campus. They are expected to have a note for their homeroom teacher the next day.

Students who need to leave early need to sign out through Student Services.

Please contact Student Services if you have messages about students arriving late or needing to leave early.

**STOP PRESS**

CONGRATULATIONS TO

Stephen Samarzia E04

Stephen has just been notified that he has been selected for the 2013 National Science Youth Forum. He will be travelling to Perth in early January for two weeks.

Thanks again to the Rotary Club of Burnside for their financial assistance.

Manuel Pontikinas
Coordinator, Science

**SCHOOL CONTACTS**

<table>
<thead>
<tr>
<th>Phone</th>
<th>8304 8420</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct Lines</td>
<td>Press</td>
</tr>
<tr>
<td>Student Services</td>
<td>8304 8426</td>
</tr>
<tr>
<td>Gymnasium</td>
<td>8304 8437</td>
</tr>
<tr>
<td>Music Centre</td>
<td>8304 8431</td>
</tr>
<tr>
<td>The Forge</td>
<td>8304 8414</td>
</tr>
<tr>
<td>Student Counsellors:</td>
<td></td>
</tr>
<tr>
<td>Jenny Hunter</td>
<td>8304 8428</td>
</tr>
<tr>
<td>Daryl Stevenson</td>
<td>8304 8482</td>
</tr>
</tbody>
</table>

**Contact Details**

<table>
<thead>
<tr>
<th>Year 8 Manager</th>
<th>Manuel Pontikinas</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 9 Manager</td>
<td>Kieran Cassidy</td>
</tr>
<tr>
<td>Year 10 Manager</td>
<td>Janelle Morrissey (first 4 weeks)</td>
</tr>
<tr>
<td>Year 11 Manager</td>
<td>Pauline Hansford</td>
</tr>
<tr>
<td>Year 12 Manager</td>
<td>Geoff Bailey</td>
</tr>
<tr>
<td>International Education</td>
<td>Sarah Goldfain</td>
</tr>
<tr>
<td>Career &amp; Transition</td>
<td>Laura Hudson</td>
</tr>
<tr>
<td>Co Curricular</td>
<td>Tony Byles</td>
</tr>
</tbody>
</table>

**UNIFORM SHOP NO LONGER BASED AT MARRYATVILLE HIGH SCHOOL**

(see details on flyer in this newsletter)