Dear Parents, Caregivers, Staff and Students

Richard’s Rampage

Congratulations to nine senior Drama students who have been selected to travel to Sydney, in December, to undertake acting workshops convened by Kevin Spacey during his world tour of Richard the Third. There were 100 students selected in Australia and 1000 worldwide. The selection process was very rigorous and included filmed monologues which were sent to London for final selection. To have nine chosen from Marryatville High School is a significant achievement and I would like to acknowledge the work of Mr David McVicar, our Drama Coordinator and Forge Manager, who supported the students through this process. The students are: Tilda Cobham-Hervey, Riley Ingham, Emma Kew, Hannah Nicholson, Candice MacAllister, Josh Mensch, Emily Ravenscroft, Olivia ‘Spark’ Sanders-Robinson and Lucia Van Sebille.

Building Report

The architects will submit a final concept design report and drawings to the school by 3rd November for school sign off by November 9th. We can continue to work on the final internal layout of areas to be refurbished which include the old Science laboratories, the Administration area and the new Student Services facility.

Annual General Meeting of the Governing Council

The Annual General Meeting of the Governing Council will be held on Tuesday 22nd November 2011 at 7.30pm in The Stables. The Annual General Meeting provides a valuable opportunity to receive reports on the work of the school and elect parents to the Governing Council. The students through this process. The students are: Tilda Cobham-Hervey, Riley Ingham, Emma Kew, Hannah Nicholson, Candice MacAllister, Josh Mensch, Emily Ravenscroft, Olivia ‘Spark’ Sanders-Robinson and Lucia Van Sebille.

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2011 MATHEMATICS CHALLENGE FOR YOUNG AUSTRALIANS

Lewis Omond from Year 8 and David Wu from Year 9 entered the 2011 Maths Challenge and Maths Enrichment Stage of the Mathematics Challenge for Young Australians. The tasks within each component were designed to motivate, stimulate, encourage and develop mathematically interested and talented students from years 8 through 10. The notes and materials provided to each student was designed to enable them to develop techniques that they could then apply to a task at the end of each chapter.

The challenge required fully worked solutions to 12 questions over a period of 16 weeks. At the time of writing their results have not been returned to us.

2011 AUSTRALIAN INTERMEDIATE MATHEMATICS OLYMPIAD

In August, David Wu from Year 9 and David Wong from Year 10 entered this event which consists of a four hour paper containing 10 questions. The tasks involve aspect of geometry, number theory, counting techniques and logic. Fewer than 1000 students Australia wide normally enter this competition due to its extreme level of difficulty.

We await their results with anticipation.

ICAS COMPETITION

Some students also entered the ICAS (University of NSW) mathematics competition this year. Jiazhen Yao, in Year 10, gained the medal for the highest result in SA/NT. He will receive his medal at a presentation in the Adelaide Town Hall on 14th November.

Excellent results were also gained by the following:

**Year 8**
- Lewis Omond: High Distinction
- Melvin Wong: Distinction
- Sophie Hatwell: Distinction
- Alexandra Walls: Distinction
- Nicolas Makram: Distinction

**Year 9**
- David Wu: High Distinction
- Abhishek Srinivas: Distinction
- Benjamin Moore: Distinction
- Zach Lane: Distinction

**Year 10**
- David Wong: High Distinction
- Lucy Duldig: Distinction

Medal Winners David Wu, Jiazhen Yao and David Wong
SUCCESS IN THE 2011 WESTPAC AUSTRALIAN MATHEMATICS COMPETITION

The results of this year’s Australian Mathematics Competition for the Westpac Awards have recently arrived. We had 77 students sit this year’s competition, and 70 received Certificates of Merit (Credit or higher). Two students, David Wu in Year 9, and David Wong in Year 10, ranked in the top 0.3% of their age group and gained prizes, while a further ten students achieved high distinction awards, with a 99 percentile ranking for their age group.

The Prudence Award winner for the student with the highest number of correct answers in a row, starting from question 1 was Ye Zhu in Year 8. Thanks must go to all our mathematics teachers who encouraged and prepared students for the competition.

Congratulations to all of the following students:

<table>
<thead>
<tr>
<th>Student Name</th>
<th>Year</th>
<th>Merit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lewis Omond</td>
<td>Yr 8</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Melvin Wong</td>
<td>Yr 8</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Ye Zhu</td>
<td>Yr 8</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Samuel Chu</td>
<td>Yr 8</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Angelique Camilos</td>
<td>Yr 8</td>
<td>Distinction</td>
</tr>
<tr>
<td>Derrick Ng</td>
<td>Yr 8</td>
<td>Distinction</td>
</tr>
<tr>
<td>Sophie Hatwell</td>
<td>Yr 8</td>
<td>Distinction</td>
</tr>
<tr>
<td>Tanja Wong</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Katie Bayly</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Nicolas Rees</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Ethan Rusak</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Evan Wendell</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Irene Lu</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Alesandra Walls</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Natalie Giorgio</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Aimee Sydneysjones</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Ella Murph-Y-o’Neil</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Ron Leong</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Jeremy Ng</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>Janvi Premaratne</td>
<td>Yr 8</td>
<td>Credit</td>
</tr>
<tr>
<td>David Wong</td>
<td>Yr 10</td>
<td>Prize</td>
</tr>
<tr>
<td>Jaiyen Yao</td>
<td>Yr 10</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Thomas Fittridge</td>
<td>Yr 10</td>
<td>High Distinction</td>
</tr>
<tr>
<td>Wise Lum</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Rebekah Riggs</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Mariah Vladimirov</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Joshua Kong</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Alex Bennettt</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Tom Walter</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Matthew Roylance</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Stephen Rudd</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Lucy Dulig</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Nada Vujic</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Bronwen Jolliffe</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Sam Hutton</td>
<td>Yr 10</td>
<td>Distinction</td>
</tr>
<tr>
<td>Beno Alley</td>
<td>Yr 10</td>
<td>Credit</td>
</tr>
<tr>
<td>Adam Rybovic</td>
<td>Yr 10</td>
<td>Credit</td>
</tr>
<tr>
<td>Nguyen Ouma Siwy jin Ting</td>
<td>Yr 10</td>
<td>Credit</td>
</tr>
<tr>
<td>Seo Yeon Lim</td>
<td>Yr 10</td>
<td>Credit</td>
</tr>
<tr>
<td>Stephen Samarzia</td>
<td>Yr 10</td>
<td>Credit</td>
</tr>
</tbody>
</table>

David Goodwin
Mathematics Coordinator
YEAR 12 PRESENTATION EVENING

On Monday of Week 2 the school celebrated the Year 12s life at Marryatville High School at the Awards and Presentation Evening at the Adelaide Town Hall. This year there were two musical items, both vocal. The first was a trio of Matilda Capland, Felicity Giles, Ruby Lyons Reid, accompanied on piano by Brenna Mackay. They sang Billy Joel’s “And So It Goes”. Later that evening the Pops Vocal Ensemble conducted by Jason Hammond sang Naomi Crellin’s arrangement of Michael Jackson’s “Man in the Mirror”.

Naomi, daughter of Keith Crellin, is a former Special Interest Music student who now performs with the award winning accapella group “The Idea of North”.

MUSIC CAPTAINS 2012

Congratulations to Emily Hatwell and Andrew Baird who are the new Music Captains for 2012. On Wednesday October 26th the Music Faculty farewelled the Year 12 Music students with a festive evening of food and awards. This evening saw the completion of their duties for our inaugural captains Emily Ravenscroft and Angus Mason, who were thanked for their great work.

The idea for Music Captains came from former Music Coordinator Sam Hordern who also donated a merit board that hangs in The Stables’ foyer. The duties of the Music Captains include representing the Music Faculty and Special Interest Music Centre at concerts and special events, being a voice for music students, helping with concert management and announcements, and helping improve music facilities with ideas and actions.

The Year 12 Music farewell was attended by year 12 and Year 11 students, parents and staff. A feast was provided by students and was enjoyed along with music performed by Kit Tonkin, Harry Covill, and Zak Burford. After the meal, which included the famous “crotchet cake”, everyone gathered into the Performance Area to see the distribution of senior student medallions and certificates of merit that were not handed out at the Year 12 Presentation Evening. The Year 12s presented a comic song espousing the merits of each of the music teachers. The teachers, however surprised the Year 12s with their own farewell song, moving some students to tears.

MUSIC PHOTOS

We have received proofs of our group music photos for 2012. They have been displayed in the foyer of the music centre and order forms are available from the Music Office.

TOWN HALL CONCERT DVDS

DVDs of the Town Hall Concert may still be ordered with forms available from the Music Office.

CONSERVATORIUM VISIT

The Senior Music students had the opportunity to hear about the new music courses offered at Adelaide University. Lecturer Jenny Rosevear visited the school in Week 9 to give a powerpoint presentation and answer questions about the new and exciting learning opportunities offered at Elder Conservatorium. New courses include Songwriting and Contemporary Music, and a revamped course in Musicology. These exciting new pathways match perfectly the subjects offered at Marryatville High School in Years 11 and 12.

Our Year 11 offerings expanded last year to include Musicianship, Music Studies, Music Appreciation and Studio Recording. The 1st two are full years subjects that may be taken as separate semesters and the last two are semester subjects. Music Appreciation is specifically designed to meet the needs of students with specific interests in songwriting, performance, or music technology and who don’t have the background to tackle high level music literacy. All of these subjects have pathways into Year 12 the music options and beyond.
CHILDREN’S WEEK CELEBRATIONS

The Senior Band, under the direction of Josie Hawkes, performed at the launch of Children’s Week at Vale Park Primary School. The band performed a variety of pieces outside the school’s gymnasium as guests arrived. They included the wife of the Governor – the patron of Children’s week.

INSTRUMENT STOCK TAKE

Students who are hiring an instrument from the school will be required to present it at the Music Centre during our annual instrument check and stock take in Week 8. Once checked, instruments will be able to be reissued to students for another year. All instruments must be at school on Monday December 5th. Instruments will be reissued by the end of Week 8.

THE CONCERTS NEVER END!

Term 4 sees a flurry of concerts at the Music Centre. Starting with the New Music Concert on Wednesday November 2nd which highlights students own work, performances this term will include SA 175 Celebrations at Government House, Stella Natalis: a combined concert with the Adelaide Philharmonia Chorus at St Peters Cathedral, the Junior Concert at Elder Hall which highlights our junior ensembles and class choirs, the long awaited Twilight Concert under the gums on the Flat, and finally the Burnside Carols at Hazelwood Park.

Work is well underway preparing the Marryatville High School Yearbook 2011. Our Yearbook is a publication to be proud of. It is a celebration of our achievements and an excellent memento of the year, full of photographs, articles and student work. It’s time to invite families to book pre-paid copies.

The cost of this year’s book is $30.

As there will only be one printing run, all copies must be pre-paid before production. Payment can be made:
• Over the telephone via the Finance Office (8304 8461)
• Through the Finance Office by cash, cheque or credit card
• By internet payment via BIZGATE on our school website (this is a secure method of credit card payment available for all school accounts. Easy to follow instructions for payment by BIZGATE are available on the Marryatville High School website – www.marryatvillehs.sa.edu.au).

The deadline for payment is the end of Week 5, Term 4 (Friday 18th November).

Once the deadline for payment has passed no further orders can be accepted, so to avoid disappointment, pre-pay as soon as possible, as there will not be any extra copies printed for later purchase. It is anticipated at this stage that pre-paid copies will be available for collection by the end of the school year.

Ms. Glenys Haensel
Coordinator Visual Arts
MARRYATVILLE HIGH SCHOOL NEWSLETTER  |  ISSUE 10  |  NOVEMBER 2011

MUSIC NEWS

MUSIC CALENDAR

TERM 4

November 3rd (Wed) – W3
New Music Concert
The Stables: 7.00pm – 8.30pm
Selected students performing their own new work

November 13th (Sun) – W4
Governor’s South Australia 175 Celebrations
Government House: 4.30pm – 8.00pm
Concert Choir

November 19th (Sat) – W5
Stella Natalis
A concert with the Adelaide Philharmonia Chorus featuring Karl Jenkins’ Stella Natalis
St Peters Cathedral: 7.30pm – 9.30pm
School Orchestra, Baroque Ensemble, Concert Choir, Chamber Choir, Girls’ Choir, Pops Vocal Ensemble.

November 23rd (Wed) – W6
Junior Concert
Elder Hall: 7.00pm – 9.30pm
Year 8 and 9 Class choirs, Junior Band, Studio Strings, Junior Orchestra, Guitar Ensemble II, Big Band III

November 25th (Fri) – W6
Twilight Concert and Art Show
The Flat: 5.30pm – 9.30pm
Various ensembles

December 4th (Sun) – W7
Burnside Carols
Hazelwood Park: 7.00pm – 9.30pm
Concert Choir

Music News

by Karl Jenkins

The Adelaide Philharmonia Chorus presents an Australian premiere of Stella Natalis, an exciting new choral work by Karl Jenkins.

Conductor, ALDIS SILS
Soprano, EMMA BORGAS
Trumpet, GEOFF BRADLEY
Organ, ANDREW GEORG

The concert will feature the Marryatville High School Orchestra, Baroque Ensemble and choirs.

Saturday November 19 at 7.30pm
St Peter’s Cathedral, North Adelaide.

Adults $35.00
Concession $30.00
(pensioner/unemployed)
Students $10.00

Tickets at the door or call Fran: 8296 7690
www.philharmonia.net

Cake made by Felicity Giles
MATHS-SCIENCE LIFE IMPACT EXCURSION

In the last week of Term Three, Mr. Shortland’s Year 9 Science class attended Adelaide University’s Maths-Science Life Impact program, held at the North Terrace campus. The program is designed to enthuse and encourage students to continue with their Maths and Science subjects in Senior School.

Students gained an insight into Maths and Science based careers and were involved in hands-on activities. They heard about the uses and importance of Nuclear Medicine at the Royal Adelaide Hospital. In the Engineering Department they were guided by third year students in the building of a simple, working electric motor from ‘everyday’ objects in order to learn some basic principles. At the other end of the spectrum in a technological sense, they programmed highly sophisticated robots to perform tasks.

Apart from these activities, the Marryatville High School students were able to get a glimpse of campus life and enjoy some informal discussions with the guides and presenters about what it was like to be a tertiary student.

Roger Shortland
Science Teacher

THE NATIONAL TITRATION COMPETITION

Marryatville High School Chemistry students entered the National Titration Competition sponsored by the Royal Australian Chemical Institute.

A titration involves a measured amount of a solution of unknown concentration being added to a known volume of a second solution until the reaction between them is just complete. The strength or concentration of the unknown solution (the titre) can then be calculated.

Three students work together in a team to determine the concentration of one solution and then using that, individually determine the concentration of another solution. They have to work with a high degree of consistency and precision and their individual deviation from the true value is added up for the three members and has to be less than 2% for the whole team.

Two teams from our school have completed the school final, the state final and then the National final at the University of South Australia, Mawson Lakes campus. The students were Jonin Ngo, Olivia Ting, Suppanut Pongthavornpinyo, Kai Strobel, GraceYool and Ian Lau.

GraceYool and Suppanut Pongthavornpinyo received gold medallions for achieving exceptional accuracy in their results.

Clive Nikkerud
Chemistry Teacher
**YEAR 11 DRAMA PRESENTS**

**DO COME IN**

Take two door-to-door dishwashing detergent surveyors and a house full of spirits trapped in an endless party that has lost its fizz, mix it with some pop rock soul and ad inspired tunes, shuffled with some random references to random references, then you have the premise for the dilemma of Do Come In.

So if you can find the time on **Wednesday 9th November** or **Thursday 10th November**

Do Come In
7.30 – 9.00pm
$5 at the door for all comers

**A SPECIAL NOTE:**
One of our cast members, **Tilly Cobham-Hervey** was selected for the Professional Development Award as Best Emerging Circus Performer at this year’s Melbourne Fringe for her performances, as part of the company **Gravity & Other Myths’** sell out success ‘Freefall’. Our heartfelt congratulations for her achievement.

(You can recognise her on stage; she’s on the left, next to the boy with the bad singing voice.)

Earle Kilvert

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An invitation to attend the opening of the

**MARRYATVILLE HIGH SCHOOL ART EXHIBITION**

Exhibition to be opened by **Meaghan Coles**
@ 7.00pm

**Friday 25th November**
@ **The Forge**
170 Kensington Road
Marryatville

**OPEN DAILY**
9.00am - 3.30pm
November 28th - December 1st
After many months of tireless preparation and organisation, the Student Representative Council (SRC) held our annual Big Day In on the last day of Term 3. Although the weather did not work in our favour, the SRC still managed to run a successful event, with a better than expected outcome.

The main focus of the day was a ‘food festival,’ with countless stalls selling both international and local foods from countries including Germany, Brazil, China, Vietnam and Korea. Traditional stall inclusions such as the SRC stall which sold pizzas, drinks and lollies, as well as jelly, gelato and baked goods stalls proved to be very successful. Furthermore, the SRC was very fortunate to receive assistance from The Old Scholar’s who provided sausages and burgers for students of the community. It was also excellent to see both students and teachers enthusiastically coordinating their individual stalls, which added to the high-spirited atmosphere of the day.

A big thank you must go to the International Faculty, all teachers and students who were involved in such an important component of this event. A special thank you must go to Brenna Mackay, Esther Riggs and Suppanut (Golf) Pongthavornpinyo who coordinated the stalls both on and before the day.

Although live music was not able to be showcased on the day, other inclusions also provided entertainment for members of the community. The Film Festival, presenting many films which students made themselves, attracted large numbers of people. Additionally, the new inclusion of a Black and White Photography Competition allowed students with a creative flair to showcase their talent. The competition tied in suitably with the Black and White theme of the day, which was chosen by the students of the school.

After the success of using a prepaid voucher system last year, the SRC continued this initiative, which consequently made jobs easier for many people. Again, Will Mount and many members of the SRC put in an enormous effort into organising show bags with vouchers and many other ‘goodies,’ and must be congratulated for their hard work.

Finally, special thanks must go to Mr Leahy, Mr Heard, Ms Ferguson, Ms Friedrichs, Mr Blue, Ms Bashford, Ms Fereday and Ms Annicchiarico for their guidance and assistance, which helped the SRC to run another successful Big Day In.

Thao Dang
School Captain
Co-Curricular Results

<table>
<thead>
<tr>
<th>Teams</th>
<th>Scores</th>
<th>Best &amp; lead scoring players</th>
</tr>
</thead>
<tbody>
<tr>
<td>GIRLS BASKETBALL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior lost to Kildare</td>
<td>24:29</td>
<td>Ellen Williams (8), Kate Alley (6), Renee Slunjski (4), Ciara Fanning-Walsh (2), Marissa Koronis (2), Bella Terreri (2)</td>
</tr>
<tr>
<td>GIRLS TOUCH FOOTBALL</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior A1 defeated Mary Mackillop</td>
<td>5:2</td>
<td>Nikki Burns (1), Marie Glezos (1), Mel Fuller (1), Mikayla Silvestri (1), Chelsea Parsons (1)</td>
</tr>
<tr>
<td>Senior B2 defeated Mary Mackillop</td>
<td>5:4</td>
<td>Courtney Hamden (1), Jo Kettle (1), Emily Lafrance (1), Breana Leviton (1), Danika Hunt (1)</td>
</tr>
<tr>
<td>Senior B3 defeated St Ignatius</td>
<td>5:2</td>
<td>Taylor Conry-Hall (2), Rebecca Ford (1), Catherine Litchfield (1), Alana Giannini (1)</td>
</tr>
<tr>
<td>Yr 9 A1 defeated Unley</td>
<td>11:1</td>
<td>Ally Ladas (3), Mel Orlow (2), Claudia Camilos (2), Eva Wnoroski (2), Alana Zeni (1), Abi Daly (1)</td>
</tr>
<tr>
<td>Yr 8 B2 defeated Marymount</td>
<td>5:4</td>
<td>Sunny Tucker (2), Chandrika Davey (2), Georgia Watson (1)</td>
</tr>
<tr>
<td>Yr 8 B3 lost to St Ignatius</td>
<td>0:11</td>
<td>All played well</td>
</tr>
<tr>
<td>TENNIS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drive defeated Pembroke</td>
<td>9:56:0:22</td>
<td>All played well</td>
</tr>
<tr>
<td>Boys Senior A1 (12) defeated Immanuel</td>
<td>7:43:2:19</td>
<td>All played well</td>
</tr>
<tr>
<td>Boys Senior A2 (12) defeated Pulteney</td>
<td>17:104:1:26</td>
<td>All played well</td>
</tr>
<tr>
<td>Boys Junior A (8) defeated Rostrevor</td>
<td>7:62:5:54</td>
<td>All played well</td>
</tr>
<tr>
<td>Boys Junior B (12)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Junior B lost to Marymount</td>
<td>2:20:4:27</td>
<td>All played well</td>
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</tbody>
</table>

NOTICE TO PARENTS AND CAREGIVERS

You are invited to attend the first part of the Marryatville High School Governing Council Meeting to be held on Tuesday 8th November 2011 at 6.30pm in Room A50 of the main Administration Block at Marryatville High School.

Parents are requested to meet in the front office just prior to the meeting.

At this Governing Council meeting the Materials and Services (M&S) Charges for 2012 will be considered. The proposed Materials and Services Charges have been endorsed by the Department of Education and Children’s Services, and require formal approval from the Governing Council.

Parents and Caregivers wishing to attend this part of the meeting are asked to contact the Principal’s Secretary on 8304 8425.

Markus Trezise
Chairperson
Marryatville High School Governing Council
Helping your teenager win the ‘Exam Game’

Examinations can mean testing times for parents and students. It doesn’t have to be so hard. Here’s an approach that will help ease pressure on students and maximise chances of success as well.

**Article contributed by Dr. Jason Fox**

There are few things more frustrating for parents (and teachers) than seeing a bright, hardworking student crumble during assessments and exams. While in some cases this may happen because of a lack of effort, most students genuinely want to do well.

An exam is a very artificial situation that needs to be approached in a specific way to maximise success. One way of framing exams to help moderate the very serious pressure many students feel about exams is to see them as a game – just a game, and a great opportunity to show off their learning.

There are three phases in the exam game – **learning**, **revising** and **applying**.

If you want to help someone lift their game, or get their head into the game, you can help your teenager by letting them teach you what they have learnt each day. By giving them the opportunity to do this, they play the empowering role of being ‘teacher’ for a change. They also get practiced at communicating and applying their knowledge in new ways.

The trap here is that you may want to correct them on things, or to show off your own expertise. Instead, focus on celebrating what they do know. **Be curious, not controlling.**

**Revising it**

Here’s where it’s important to ask your teenager how you can best help them revise. Do they need a quiet space at certain times each day? If they’re lucky enough to have dinner cooked for them, could it help to have dinner served earlier? Can you help them host productive group study sessions?

Work with them, and give them the power and responsibility to craft the parameters that’ll enhance their own performance.

The single most effective technique for mastering exams is to help your teenager do a lot of them. The more exams student have practice with, the more feedback they get for their revision, and the more they can focus on what they need to learn.

Purchase copies of practice exams and then help them establish an exam-like environment to do them in. Their ability to recall information is significantly enhanced when they learn in an environment that closely resembles the environment they learned it in. If they learn and revise in exam-like conditions they’ll be more likely to recall information in exams. When students take practice exams in exam conditions, they sharpen their ability to apply what they know, rather than simply study things. It also helps them to refine and focus their revision programme early.

**Applying it**

There are many factors in the 24 hours before every exam that influence exam performance. Here’s an important factor: **state management**. You want your teenager to be 100% primed before any exam, which means you’ll want to be very focussed on positive reinforcement. You want them to feel confident and capable – not dreading what may happen if they ‘fail’. Help them to demystify the exam experience. Emphasise the opportunity inherent within exams, but remind them that exams are, ultimately, just a small part of a bigger game. In the universities I have lectured at, I would urge my students to encourage other students prior to sitting their exams, to embody the role of ‘positive uplifter’ before their exams. Not everyone would, of course, but those who did would not only make others feel better (by offering words of encouragement or by sharing a joke to elevate the mood) – they’d also feel better and more confident themselves. This sure beats students comparing how stressed they are!

Ultimately, the best way for teenagers to enter exams in the most positive state is to have their learning validated through a solid revision strategy and a diet of practice exams, low GI foods, plenty of sleep and a healthy sense of humour.

And don’t forget to remind them how proud you are to see them get this far.
DIARY DATES

Monday 7 November  Junior Boys Knockout Tennis
Monday 7 November  Year 11 Drama Production
Tuesday 8 November  Governing Council Meeting
Wednesday 9 November  Zoosnooze 3
Sunday 13 November  Marryatville Choir performing at Government House
Saturday 12 - Thursday 17 November  National Tennis Challenge
Monday 14 November  Year 7 Transition visits start
Tuesday 22 November  Year 7 Parent Meeting
Tuesday 22 November  AGM Governing Council
Wednesday 23 November  Junior Concert – Elder Hall
Friday 25 November  Art Exhibition – Twilight Concert

SCHOOL CONTACTS

Phone 8304 8420

Press
1 for Reception, 2 for Student Services, 3 for Finance, 4 for Music, 5 for Business Manager

<table>
<thead>
<tr>
<th>Direct Lines</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Student Services</td>
<td>8304 8426</td>
</tr>
<tr>
<td>Gymnasium</td>
<td>8304 8437</td>
</tr>
<tr>
<td>Music Centre</td>
<td>8304 8431</td>
</tr>
<tr>
<td>The Forge</td>
<td>8304 8414</td>
</tr>
<tr>
<td>Student Counsellors:</td>
<td></td>
</tr>
<tr>
<td>Jenny Hunter</td>
<td>8304 8428</td>
</tr>
<tr>
<td>Robert Tidd</td>
<td>8304 8482</td>
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Contact Details

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<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Year 8 Manager</td>
<td>Manuel Pontikinas</td>
<td>8304 8426</td>
</tr>
<tr>
<td>Year 9 Manager</td>
<td>Bryce Woodley</td>
<td>8304 8428</td>
</tr>
<tr>
<td>Year 10 Manager</td>
<td>Alana Madden</td>
<td>8304 8429</td>
</tr>
<tr>
<td>Year 11 Manager</td>
<td>Steve Heard</td>
<td>8304 8430</td>
</tr>
<tr>
<td>Year 12 Manager</td>
<td>Geoff Bailey</td>
<td>8304 8431</td>
</tr>
<tr>
<td>International Education</td>
<td>Sarah Goldfain</td>
<td>8304 8432</td>
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<tr>
<td>Career &amp; Transition</td>
<td>Laura Hudson</td>
<td>8304 8433</td>
</tr>
<tr>
<td>Co Curricular</td>
<td>Tony Byles</td>
<td>8304 8434</td>
</tr>
</tbody>
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ABSENTEES, LATE ARRIVALS, EARLY LEAVERS

For all absentees please call Student Services on 8304 8426.

For late arrivals from 8:30am, students need to sign in at either Student Services or the Library. Year 12 students can sign in at the Eden Park campus. They are expected to have a note for their home group teacher the next day.

Students who need to leave early need to sign out through Student Services.

Please contact Penny at Student Services if you have messages about students arriving late or needing to leave early.

UNIFORM SHOP OPENING TIMES FOR SATURDAYS

- November 12: 8.30 – 11.30am
- November 26: 8.30 – 11.30am
- December 10: 8.30 – 11.30am